

Hazlemere Church of England combined school believes physical education is an essential and integral part of a child's educational development. The core components of the curriculum centre on movement, key skills and social interaction. We believe that physical education should teach pupils to recognise the diversity of individual ability whilst helping them to understand that participation in sport is just as important as gaining success from it. Our aim is to encourage a 'Growth Mindset' amongst our pupils. We want them to strive for excellence and to make the most of their sporting abilities. But we also recognise the importance of teaching the young people in our care how to win AND lose, how to show correct sportsmanship and how to demonstrate respectful conduct and fair play.

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical

Officers guidelines which recommend an average of at least 60 minutes per day across the week).



Developing a balanced Physical Education programme, offering a variety of activities, provides students with the opportunity to develop acceptable fitness levels, a broad spectrum of skills and the knowledge necessary to use those skills for a lifetime of active participation. We feel positive participation in physical education will leave students with a legacy of success, facilitating an active lifestyle.

The Department for Education Vision for the Primary PE and Sport Premium:

For all pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>Greatly enhanced P.E equipment stock providing high quality equipment across an increasing range of sports to facilitate more participation within P.E sessions</p> <ul style="list-style-type: none"> •High uptake of clubs in the local community by children in our school due to promotion of local clubs, especially cricket where a many of children attend High Wycombe cricket club and are well represented in teams across the age groups •Improved playtime resources chosen by the children that facilitate more active play at morning playtimes and during lunchtime •Consistent take up of after school clubs subsidised by the school •Range of after school sports offered is wide and varied to appeal to all and to allow children to experience sports and activities that they would not normally •No child misses out on after school sports provision because of cost •All children from year R-6 take part in sports fixtures held at the local secondary school and with other local primaries •All children in Year 5 & 6 are given the opportunity to take part in competitive sport and represent the team in sports such as cricket, rounders and hockey 	<p>Continued investment in resources for the teaching of P.E. Maintain a good level of high quality equipment whilst broadening the resources so we can offer a wider range of sports</p> <ul style="list-style-type: none"> •Continued investment in resources for after school clubs. Maintain a good level of high quality equipment whilst broadening the resources so we can offer a wider range of sports •Continued staff training and awareness of high quality P.E teaching •Continued staff training in facilitating active playtimes and purchase of further resources to support this •Purchase of items that facilitate active play and improved co-ordination in EYFS •Build further on links with local sports clubs and coaches to encourage continued high take up of sports out of school hours •Use Sports Premium to enhance children’s mental health and wellbeing <ul style="list-style-type: none"> • Apply for healthy school award • Purchase a daily dash track around the perimeter of the field.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p>	<p>31/33</p>
<p>What percentage of your current Year 6 cohort uses a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	<p>28/33</p>
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	<p>33/33</p>

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way?

We have provided swimming lessons to pupils from year 1 to year 6.

Action Plan and Budget Tracking

Academic Year: 2022/23	Total fund allocated: £17690	Date Updated: Feb 2023		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Access to high quality resources during PE sessions. Enough quantity of resources to enable access for all pupils and to provide progression in different sports.	Purchase of additional PE resources to support after school club sessions e.g. Balls/Racquets. Plus a widening of resources to allow additional sports to be covered in clubs. All sports and activities taught in after school clubs to be fully resourced. All individuals have access to sufficient resources to be able to engage fully in sessions.	£1800	Initial spend has ensured that all planned PE sessions have been fully resourced leading to greater participation and active minutes in lessons. Observations include increased participation by KS2 pupils in use of play equipment and large scale ball skills.	Continued monitoring of PE resources for wear and tear and purchasing plan to ensure all sports offered as after school clubs are adequately covered. Continue to widen range of resources so a wider variety of sports can be offered.
Training of lunchtime staff to facilitate active play. Funding for lunch time staff to attend training.	INSET day on positive play and also to take online course. RAISE training. Online course to give introduction to Professional Midday Standards –LACA is completed by all lunch staff Playtime mentors- club sport	£200 £8500	staff better able to facilitate active play and independence at lunchtimes	

Purchase of resources that facilitate active play in EYFS	Purchase of bikes and trikes to develop coordination skills in EYFS. Purchase of small mobile climbing apparatus for EYFS area. Club Sport 'Balanceability'	£2000 £400		Develop resources that support the best use of learning opportunities for bikes and trikes. Increased access to physical resources available in the EYFS area during free flow play.
Encouraging being active at home and school	Purchase of on line PE coaches to deliver one to one fitness sessions to identified groups. (PE Hub)	£2000 £2500	Pupils to keep focused on healthy eating, well-being and mindfulness. Pupils able to self-regulate the need for exercise and healthy choices	To continue to be flexible and creative Ensure well-being is promoted.
Key indicator 2: The profile of progress in sports being raised across the school as a tool for whole school improvement				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Inspiration taken from different sports and pupils develop curriculum key skills.	Planning to focus on progression of skills, in Athletics, Competitive Games, Gymnastics, Dance, Outdoor and Adventurous Activity and to evaluate their growth and development to inspire children to take up sports.	£3500	To give children an opportunity to experience more diverse sports, that may suit them better than the more traditional ones.	Book coaches and sports well in advance. Plan timetable so all children get to experience a range of sports.

<p>Improved access to resources and training for staff will lead to improved behaviour at playtime.</p>	<p>Lunch time supervisors to receive appropriate training and follow up planning time. Improved resources will widen the range of activities on offer for children to take part in active play at lunch times.</p>	<p>£850</p>		<p>Continue to monitor lunch time behaviour and adapt lunchtime offer to ensure children are engaged over time and behaviour continues to be of a good standard at lunchtimes.</p>
<p>FSM and SEND children are planned for and lessons and clubs facilitate full engagement of all children.</p>	<p>FSM are supported in accessing extra-curricular activities whether it be through supporting financially attendance at clubs or provision of sports equipment or kit. SEND children are planned for in sessions with the support of the SENCo.</p>	<p>£800</p>		<p>Monitor take up of FSM children for extra-curricular clubs and target children who do not participate. Monitor success and engagement of SEND children in PE sessions and adjust provision over time.</p>
<p>Improve quality of provision in EYFS outside area to encourage active play.</p>	<p>Purchase a range of larger play equipment for enclosed outside area that facilities balance, strength, agility and team building skills in EYFS children.</p>	<p>£4000</p>		<p>Continue to develop resources over time and develop children's skills and use of equipment.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Staff training to facilitate active playtimes. More children partake in independent or structured active activities at playtime.	All staff including teachers, teaching assistants and lunchtime staff attended INSET on positive playtimes and promotion of physical activity to support this.	£400		Continued focus on training of staff who support playtimes. Senior teacher to work with MDSA's. Governor visits planned to monitor impact.
Staff to work alongside external coaches to further develop knowledge and skills.	Use skills learnt in own teaching. Opportunity to observe specialist coaching sessions.	£1400		Maintain links with external coaches and develop a timeline for additional 'try it out' sessions in school that teachers can attend.
EYFS Teaching Assistant Training	EYFS teaching assistant to observe other settings and how they use resources to make the most of active play and PE curriculum for EYFS children	£400		
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Additional achievements: After school clubs subsidised to ensure children can access any clubs they wish and do not miss out through cost.	Specific children's attendance at clubs is fully funded where necessary. Subsidy put in place and records kept of uptake for subsidised clubs. Specific children targeted and encouraged to take up	£600	Club registers show consistent uptake of clubs and greater take up by specific targeted children.	Children take up sports with local clubs and societies outside school hours. Maintain subsidy where possible at points throughout year. Ensure clubs are well publicised to

	an after school club.			parents and children.
Range of after school clubs is wide and varied to give the children a range of experiences.	Clubs meet the varied interests of children within the school and cover all the main sports. The school always aims to have at least one sport that the children may not have experienced before. Use of Sports Premium to keep cost low and ensure that no child misses out through cost. Additional clubs to be decided upon after consultation with children.	£2600	The clubs we offer are: ActivKids Archery Fencing MegaSports Samarai Kickboxing Dance Football Cheerleading Gymnastics	Maintain range of clubs to suit the needs of the school and look for providers who can offer alternative sports and activities.
Year 6 children offered Bikeability cycling training leading to increased confidence when riding bikes on roads and general cycling skills.	2 day course booked with Somerset Road Safety for all year 6 children. Supply cover for adult supervision.	£150		Leaflets and advice on cycling and road safety sent home Course booked for next academic year
Key indicator 5: Increased participation in competitive sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

Continued promotion of local sports clubs. A pleasing number of children are attending sport outside of school.	Promotion of clubs through assemblies, visiting coaches, try it out sessions and signposting local clubs to families.	£150		Work closely with local clubs and coaches to promote the opportunities in local areas. Publicise local clubs and events.
To attend local sports competitions to work alongside and compete against other local schools.	Transport to events planned and paid for so no cost to pupils.	£2600 partnership costs £2000 transport and staffing costs	Each year group has had the opportunity to represent the school in two inter-school tournaments per year.	Plan for future events and opportunities. After school clubs planned to prepare children and teams for competitions.